## CAPSULE ENDOSCOPY PREP INSTRUCTIONS

Please check into our o	office on	at 9:15am

The day before your procedure you are allowed to eat a light breakfast. Following that, you may only have clear liquids until midnight. You should have nothing to eat or drink after midnight.

. Starting at 4:00pm drink 8 oz of the solution every 10-15 minutes until the bottle is finished. Take the Reglan/Metoclopramide 10mg tablet before bed.

If you are on any type of Iron, please discontinue it one week prior to your appointment. If you take daily medications please do not take them the morning of the procedure. You will be allowed to take those 2 hours after you swallow the capsule.

If you have any questions regarding the procedure please call Jennifer at (619) 460-4055 ex.11 during business hours 9am-4pm.

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