

ENDOSCOPY PROCEDURE INSTRUCTIONS

Your endoscopy procedure has been scheduled at Grossmont Hospital. Dr.Kamyar/Dr.Lajin will be performing your procedure.

Please check in on the main lobby admissions desk on the 1st floor.

Your procedure date is: _____

Please check in at: _____

The preparation is:

- You will need to arrange for transportation. Due to the sedation given, you will be unable to drive yourself home.
- Eat a snack at bedtime the night before your procedure.
- Do not eat or drink anything after midnight the night before your procedure. You may take your morning medications with just enough water to get them down.
- Avoid aspirin for 1 week prior to your procedure if possible.
- If you have a PM procedure, you are allowed a small snack 6 hours prior to your appointment.

NOTE: IF YOU TAKE COUMADIN OR PLAVIX, PLEASE CALL JENNIFER @ (619) 460-4055 EXT.11 AS SOON AS POSSIBLE SO DR.KAMYAR CAN GIVE YOU FURTHER INSTRUCTIONS.

If you have any questions about the preparation or the procedure, please call Jennifer at (619) 460-4055 ext.11.

If you need to cancel or reschedule your procedure please call (619) 460-4055 ext.10 during business hours 9am-4pm.

****CANCELTATION POLICY** There will be a \$75.00 charge for failure to cancel an appointment within 72 hours.**

You will most likely be unable to return to work/school or sign any legal documents for the rest of the day unless instructed by your doctor. Thank You