## **CURRICULUM VITAE**

NAME: Rokay Kamyar, M.D., D.M.Sc., F.A.C.G.

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BIRTHPLACE: Kabul, Afghanistan

SPOUSE: Mahjabeen M. Kamyar, M.D.

CHILDREN: Roheena Kamyar, M.D.

Royan Kamyar, M.D., MBA

Berna Kamyar, J.D.

### **EDUCATION**

### **AFGHANISTAN**

1962 Graduated High School as "Top Student".

1962-1963 Law School, Kabul University, Afghanistan

Sent to Japan by Afghan Government to study under

Japanese Government Scholarship (on basis of Academic

Excellence)

**JAPAN** 

Apr 1963-Mar 1966 Pre-Medical, Division of Science, Chiba University, Chiba,

Japan (included intensive study of Japanese language)

Mar-Apr 1970 Chiba University School of Medicine, Chiba Japan

1970 – 1974 University of Tokyo, Tokyo University Hospital, 4<sup>th</sup>

department of Internal Medicine. (obtained Doctor of Medical Sciences "Hakase" Degree for doing research,

defending and publishing thesis)

## POST GRADUATE TRAINING

## JAPAN

April 1970-Mar 1973	General Internal Medicine Residency	
Apr 1973-Sept 1974	Training in all aspects of Invasive and Non-Invasive Cardiology	
Jan 1975-June 1975	Training in Gastrointestinal Endoscopy for the Research On "Endoscopic Effects on Cardiac Patients" at Metropolitan Cancer Detection Center, Tokyo, Japan	
U.S.A.		
July 1976-June 1978	Internal Medicine Internship and Residency, Brooklyn Jewish Hospital Medical Center, Brooklyn New York. Primary Affiliate of Downstate Medical Center, State University of New York	
July 1978-June 1980	Gastroenterology Fellowship Boston City Hospital- Boston University Hospital Combined Program	

# DEGREES, DIPLOMAS AND LICENSES

1970	M.D., Chiba University, Chiba, Japan
1970	Japanese National License #Showa 45:1937
1973	ECFMG #130-402-1
1974	D.M.Sc. (Doctor of Medical Science) University of
	Tokyo, Japan
1977	Recognized as Board Eligible by the American Board
	of Internal Medicine
1978-1980	Flex, Massachusetts License #43974, California License
	#A35485
1979	Certified ABIM
1983	Certified by American Board of Subspecialty of
	Gastroenterology

# EMPLOYMENT AND PROFESSINAL EXPERIENCE

January 2008-Present	Medical Director, Endoscopy and Special Procedure Dept. Sharp Grossmont Hospital, La Mesa, California
Mar 2001-Present	Rokay Kamyar, M.D., Inc., President
July 1996- Present	Clinical Assistant Professor, U.C.S.D., San Diego California
July 1996- July 2000	Teaching Attending, Sharp Residency Program
Jan 1995- Mar 2001	Principal Investigator, Institute of Health Care Assessment, Inc. La Mesa, California
July 1993- Present	Medical Director, Internal Medicine, Sharp Grossmont Hospital
July 1990-Present	Medical Director, Utilization Review, Sharp Grossmont Hospital La Mesa, California
July 1981-1996	Clinical Instructor, U.C.S.D, Medical Center, San Diego California
July 1980-Mar 2001	Member of 12 Physician Medical Group, La Mesa Internal Medicine Medical Group, Inc. In Practice of Gastroenterology and Internal Medicine. Several positions including three terms Presidency
July 1978- June 1980	Fellow in Gastroenterology, Boston University, Boston City Hospital
July 1976-June 1978	Intern, Resident, Internal Medicine, Brooklyn Jewish Hospital, Brooklyn, New York
Apr 1974-June 1976	Assistant Lecturer, 4 <sup>th</sup> Department of Medicine, University Hospital, University of Tokyo, Tokyo, Japan
1974-1976	Chief Consultant, Internal Medicine-Cardiology, Tokyo Akasaka Hospital, Tokyo, Japan
1972-1976	Consultant, Internal Medicine-Cardiology, Tokyo International Clinic, Tokyo, Japan

# Special Physician of Embassies and Foreign Community of Tokyo, Tokyo International Clinic, Tokyo, Japan

## MEDICAL STAFF LEADERSHIP AND COMMITTEE ACTIVITIES

	COMMITTEE ACTIVITIES
January 2008 – Present	<b>Medical Director,</b> Sharp Grossmont Hospital, Endoscopy Unit and Special Procedures Dept. La Mesa, California
2000 – Present	<b>Member</b> , Acute and Critical Care Committee, Grossmont Hospital, La Mesa, California
1998-Mar 2004	<b>Member</b> , Sharp Community Medical Group Regional Executive Committee, Grossmont Hospital, La Mesa, California
Aug 1995-Mar 1997	President, San Diego Gastroenterology Society
Mar 1995-Aug 1995	Vice-President, San Diego Gastroenterology Society
Mar 1994-Mar 1995	Treasurer, San Diego Gastroenterology Society
July 1993-Present	<b>Medical Director,</b> Medicine Service Line, Grossmont Hospital, La Mesa, California
July 1991-Present	<b>Medical Director,</b> Utilization Review, Grossmont Hospital, La Mesa, California
1990 – Present	<b>Chairman,</b> Utilization Review, Core Group Comm., Grossmont Hospital, La Mesa, California
July 1990-July 1993	<b>Chairman,</b> Gastroenterology, Grossmont Hospital, La Mesa, California
July 1989-June 1993	Member, Long-Range Planning Committee (peer Review) Grossmont Hospital, La Mesa, California
July 1989-June 1990	<b>Chief of Staff,</b> Medical Staff (750 Physicians) Grossmont Hospital, La Mesa, California
July 1988-June 1989	<b>Chairman,</b> Quality Assurance, Grossmont Hospital, La Mesa, California

July 1985-June 1988 Chairman, Infection Control Committee, Grossmont

Hospital, La Mesa, California

1984-12/07 Senior Member, Medical Supervisory Committee (Peer

Review) Grossmont Hospital, La Mesa, California

#### HONORS AND AWARDS

Bronze Medal for "Outstanding Achievement and Good Deeds" (Zenko-Sho) by the Japanese Government office of The Prime Minister.

Gold Watch from The King of Afghanistan for Outstanding Afghan Scholar Abroad.

Japanese Government Scholarship for Pre-Medical and Medical Education, 1963-1970.

Japanese Government Scholarship for Post-Doctorate Training, 1970-1974.

LANGUAGES

Fluent English, Japanese, Farsi, Pashto

Good German, French

Fair Arabic, Urdu

#### **COURSES-CME ACTIVITIES**

Physician Executive Leadership Program, Jan 1992-Nov 1992 (75 hours)

Estes Park Courses (Numerous) on Quality Assurance, Utilization Review and leadership, 1989-1992

Continued Quality Improvement Course, Boston Massachusetts, 1992

Participation in hundreds of Medical Leadership Courses and Conferences

## PUBLISHINGS & PRESENTATIONS

Hundreds of lectures on Gastroenterology issues to the Community, Physicians, Residents, and Students.

Numerous publications in the fields of Cardiology in Japan and Gastroenterology in the United States.

Clinical Trials and Research Projects, numerous from 1995 to present. Detailed Listing of trials participation available upon request.