

MODIFIED PREP COLONOSCOPY INSTRUCTIONS

PLEASE READ AND FOLLOW CLOSELY. If you have any questions regarding your procedure or preparation, please call Jennifer at (619) 460-4055 ext.11

If you need to cancel or reschedule, please call (619) 460-4055 ext. 10 during business hours 9am to 4pm.

****CANCELLATION POLICY**** There will be a \$75.00 charge for failure to cancel an appointment within 72 hours.

Please check in at Grossmont Hospital through the main entrance and speak with somebody in admitting.

Your procedure date is: _____

You will need to check in at: _____

YOU WILL NEED SOME ONE TO DRIVE YOU HOME DUE TO THE SEDATION GIVEN.

Dr. Kamyar/ Dr. Lajin will be the physician doing your procedure.

DIET INSTRUCTIONS

- Two (2) days prior to the procedure, go on a Low Residue diet.
- One (1) day prior to the procedure, do the following:
 - Go on a clear liquid diet
 - Take 2 TBSP of Milk of Magnesia and 1 TBSP of Mineral Oil at 10AM.
 - Take ½ of a bottle of Citrate of Magnesium at 2pm, 4pm, 6pm, and 8pm (You will need a total of 2 bottles)
- Day of procedure: Nothing to eat or drink except sips of water.

PLEASE SEE THE ATTACHED LOW RESIDUE AND CLEAR LIQUID DIET SHEET

Please do not take any Aspirin or blood thinners such as Naprosyn, Ibuprofen, Voltaren, Celebrex etc. for 1 week prior to your procedure date.

NOTE: IF YOU TAKE COUMADIN OR PLAVIX, PLEASE CALL YOUR PRIMARY CARE PHYSICIAN OR YOUR CARDIOLOGIST FOR FURTHER INSTRUCTIONS AS TO WHEN IS SAFE FOR YOU TO DISCONTINUE.