

OFFICE ENDOSCOPY PROCEDURE INSTRUCTIONS

Your endoscopy procedure has been scheduled at our office.
Dr.Kamyar/Dr.Lajin will be performing your procedure.

Your procedure date is: _____

Please check in at:_____

The preparation is:

- Eat a snack at bedtime the night before your procedure.
- Do not eat or drink anything after midnight the night before your procedure. You may take your morning medications with just enough water to get them down.
- If you have a PM procedure, your are allowed a small snack 6 hours prior to your appointment.
- Avoid aspirin for 1 week prior to your procedure if possible.

If you have chosen to have your endoscopy with Valium, please make sure you have given your pharmacy information to our office. Take the tablets one hour prior to your procedure with a small sip of water. You will need to have a driver.

NOTE: IF YOU TAKE COUMADIN OR PLAVIX, PLEASE CALL JENNIFER @ (619) 460-4055 EXT.11 AS SOON AS POSSIBLE SO DR.KAMYAR CAN GIVE YOU FURTHER INSTRUCTIONS.

If you have any questions about the preparation or the procedure, please call Jennifer at (619) 460-4055 ext.11.

If you need to cancel or reschedule your procedure please call (619) 460-4055 ext.10 .

****CANCELATION POLICY** There will be a \$75.00 charge for failure to cancel an appointment within 72 hours.**

Thank You

